



The Heart Herald



Melvin E. Hearl Post No. 21 - 303 30th St N. Moorhead, MN 56560

Phone: 233-1297 • Mhdpost21@gmailcom • Like us on Facebook - legionpost21 • March 2024

Post



2023 - 24

Commander
Paul Leeman

1st Vice Commander
Les Forman

2nd Vice Commander
Will Fisher

Chaplain
Marvin Nicklay

Color Guard
Peter Larson

Membership
Tim Haugen

Adjutant
Tim Haugen

House Committee
Chairman
Darin Mogck

SAL Squadron
Commander
Dale Jenson

FM Legion Riders
Director
Doug Dietrich

Club Manager
Scott Moen

Gaming Manager
Dennis Beckerleg

COMMANDERS CORNER

I hope this is finding everyone well and safe and enjoying this mild winter, spring is coming quickly. On March 10th, we go back to daylight savings time, and on the 19th, it's the first day of spring.

The Post is coming off another busy month, and I need to say a special thank you to the Legion Riders, SAL, and the Auxiliary for all that they have done in February. Everyone worked hard and raised a lot of money for their charities.

The Post has decided to raise membership to \$55 starting for the 2025 membership year. This was a very difficult decision for us, but the National Headquarters raised it up to \$5, the State raised it by \$3, the District raised it to \$1, and the Post raised it by \$1. You can save some money on membership. The National headquarters is offering a three-year membership renewal at the current rate, but it must be done online only. You will need to go to Mylegion.org and either go into your account or create a new account. Once there, you will see a link to the three-year membership. If you have renewed your 2024 membership, it will let you pay for 2025,2026 and 2027. If you have not renewed your 2024 membership, it will let you pay for 2024,2025 and 2026. If you need help with this renewal process, please contact Tim Haugen or myself, and we can help you with this; I will be willing to come to the Post and help you get through this process.

I must once again say thank you to all of the volunteers and staff for all of their hard work to make this a great place to come to. I am always hearing great comments about our facility and staff.

I need to send my sincere condolences to the family of Gary Woodward on the loss of Gary. He was very active in the Post and the District, and his presence at the Post will be missed greatly.

Paul Leeman, Commander



MANAGER'S CORNER

Hello Members!!

The weather sure is the topic of conversation! And how can it not be? This is really nice. I think we are in for an early spring. Let's hope so.

First, I would like to take some time to honor a very well-respected man in the Moorhead Legion Family. Gary Woodward passed away on February 17th. I always thought of Gary as "Mr. Legion"! He was a lifetime member of the American Legion and a Past Commander (1975) as well as Post 21's Adjutant for 30 years. When Gary retired, he trained me to do his job. He taught me well, and I was Honored. He will be greatly missed around here, but he will never be forgotten, for his old office at Post 21 is respectfully named after him. Wonderful Man! Thank You, Gary!



MANAGER'S CORNER

Alright. On to some past events we had in February. The Legion Riders had a spectacular Frostival weekend, breaking their fundraising record. I do believe they raised \$29,000.00, and then they went on to have a wonderful Giving Hearts Day, passing out donations to their elected donors. Great Job Legion Riders!!!! We had breakfasts on the first and second Sundays of the month, and that will continue in March. Valentine's Day was fun. The Post was all decorated up, and the staff had their tuxedo shirts on, and every Lady got a Rose. The Post Memorial Service was well attended, and it is just a nice memorial to all our members that we lost in the past year.

March is sure to be another busy month. It will be filled with breakfasts, pinochle tournaments, bingo, and steak nights, and don't forget about the Legion Birthday Party/membership gathering on the 17th; please pay attention to the flyers with this newsletter. Also, March 29th is the Vietnam Veterans Day celebration. Please take note of that as well.

As always, we have a lot of stuff and things going on here at Post 21 so come on down and enjoy the atmosphere. Until next time, remember to keep our troops and veterans in our prayers!! May God Bless You and May God Bless America!!!

Scott B. Moen, Post 21 Manager

AUXILIARY



2023 - 24

Aux President
Barb Chamberlain

1st Vice-President
Jean Nygaard

2nd Vice-President
Lori Ishaug

Treasurer
Kathy Spielman

Secretary
Aubrey Ketterling

Chaplain
Becky Olson

Sgt at Arms
Mavis Lura
Janice Engen

Membership
Judy Carpenter

Executive Officers
Jolinda Michels
Denise Anderson



President's Corner

Springtime greetings!

March is Community Service Month for the American Legion Auxiliary. Community Service demonstrates who we are, what we do, and why we matter. The Community Service program focuses on making community life better.

Volunteers are crucial for groups such as ours to survive, and many other organizations benefit and depend on our volunteer work. 1 in 4 Americans do volunteer work. The average time each person spends volunteering is about 52 hours a year. Minnesota is the second most engaged state active in volunteer work with 45.1% volunteers!

Let's look at some American Legion Auxiliary statistics nationwide from 2022-2023 taken off the website.

*\$28,798,483 dollars raised/spent for Veterans, military families, youth, scholarships, and communities

*551,825 Number of Veterans/active duty/reserve military served

*183,865 Number of military families served

*405,965 Number of youth served

*6,237,391 hours of volunteer work

*14,066,097 raised/spent on Veterans, military, and their families. Within that, \$2,042,345 was raised from poppies.

Our Unit 21 Auxiliary members are part of those statistics. What % of our American Legion family relies on volunteers? 100%. Let's continue to be proud that we are adding to the statistics by doing our part as we help others in our community, help Veterans, youth and our Legion Family.

We had a beautiful Post Memorial service on February 18th. Candles represented each Post and Auxiliary member who passed away in the last year. Many families helped to light the candles for their loved ones. Our Unit honored 3 members: Norma Craigmile, Doris Huber, and Joyce Miller. Thank you to all who helped make this a memorable service.

Our next meeting will be on March 4th at 5:30. The next big event will be the Membership Dinner on March 17th. It will be the 105th birthday of the American Legion. Many of our Auxiliary members have signed up to help with the dinner, and we will host Department Commander Paul Hassing and Department President Sharon Cross. Girls State reservations are due March 31st, so hopefully, we will be getting some applications soon.

Let's continue to be a "statistic" by doing our best to volunteer and help others in our community and our Legion Family.

Happy spring!

Barb Chamberlain Unit 21 President

AUXILIARY MEMBERSHIP

Our membership continues to grow. Moorhead Unit 21 is happy to welcome new members – Kris Hamernik, Barbara Reed, and Pollyanna NaSalle, who transferred to our Unit from Underwood.

We still have a long way to go to meet our membership goal this year, so we also need to keep those renewals coming in. Every member is important – we need each and every one of you. If your membership card does not say 2024, please take a moment to send in your 2024 dues and invite a friend or two to join us - \$35.00 for senior members and \$10.00 for junior members (birth to age 17).

Hope to see you all at the Legion's 105th Birthday/Membership Dinner on March 17. The Social Gathering is free to all members who have paid their 2024 dues. Otherwise, the cost is \$9.00.

Happy Easter!!

Judy Carpenter, Membership Chairperson, 701-367-6173, jucarpenter@earthlink.net





Hello all:

February is always a crazy busy month for the Riders! We started it off with our 4th annual Freezin 4 A Reason. The weather was the best it has ever been! What a phenomenal turnout! Special thanks to Post 21 and all of you members for helping the Riders break records in a big way! We raised \$29,000.00 during this event, which we split between the Veterans Honor Flight of ND/MN and Golden Drive Homeless Kids.

Along with the money we set aside, the Riders were able to donate \$39,100.00 on Giving Hearts Day! This was a huge accomplishment and a testament to the amazing community we live in! Hoping to break records every year!

We also attended the 9th District Legion Rider meeting in Middle River, MN. We judged the chili cookoff and had a great time. Post 444 was beyond welcoming. All had a great time.

If you haven't purchased your FM Legion Rider raffle ticket yet, please see any Rider. Help us help our area veterans and children while securing the chance to win one of many prizes!

This time of year, it is hard for us motorcycle enthusiasts to think of a lot other than sunshine and wind in our faces! It looks like an early spring will be here soon!

As always, thank you to Post 21 and all of you members who always help us do so much for our area Veterans and Children!

Doug Dietrich
FM Legion Rider Director



FM Legion Riders are in Middle River at the 9th District Legion Riders meeting! We were judges for the chili cook-off! Great people, great time! Front Row – DeeAnn Wolfswinkel, Genine Monson & Cindy Dietrich. Back Row, Mike Wolfswinkel, Jeffrey Monson & Doug Dietrich.



Post 21 Gaming Donations

The Following Donations were approved by the Gaming Committee:

CCRI (FM Crusaders)	\$250.00
Dept Commanders Project	\$250.00
Dept Presidents Project	\$250.00
AM Legion Hospital Assn	\$100.00
AM Legion Scouts BSA	\$100.00
Legion Scouts	\$100.00
Forgotten Heroes	\$100.00
Lake Agassiz Bowman	\$250.00
City of Mhd (Matson Field)	\$25,000.00
Color Guard	
Total	\$26,400.00

Squadron 21 News

Here is what is going on in the world of the Sons at your Friendly Moorhead American Legion.. Monday Burgers are going well although we are looking to fill a couple volunteer spots. If you can give a couple hours once a month please reach out to Commander Dale Jenson (218) 329-6923.

We extend our well wishes to SAL Chaplin Marc Simonet who slipped and fell at the Frostival event and broke his arm. Wishing him a speedy recovery!

We also have a spot open on the SAL committee as Jered Pigeon has stepped down from his position. He has not stepped away from the membership. We wish him well and will enjoy hearing from him on his adventures. Speaking of membership we would like to thank everyone that renewed and new members that helped us reach this year's goal.

We would like to thank everyone that purchased and sold 50/50 raffle tickets for the Veterans Honor Flight of ND/MN. See picture attached for the donation we gave.

Our next SAL Meeting is scheduled for March 4th, 2024.

Please keep our service men and women in your thoughts and prayers.

Dale Jenson, Squadron 21 Commander



Post 21 Gaming

Moorhead American Legion
Gaming Tidbits

February 20th, 2024

SUPPORT MN CHARITIES
SAVE OUR ETABS

As a reminder, charitable gaming profits are donated to many Veterans and local charities. These charities rely on this money, so please contact your representative, as these funds are very much needed. Thank You

DO YOU ENJOY PLAYING ETABS?



Scan the QR Code to tell lawmakers you support MN Charities.

The legislation goes back in session in February.

Dennis Beckerleg, Gaming Manager





FARGO MEMORIAL HONOR GUARD

FARGO VA NATIONAL CEMETERY



THE FARGO MEMORIAL HONOR GUARD HAS BEEN SERVING THE FARGO VETERANS NATIONAL CEMETERY SINCE Its DEDICATION ON 7 SEPTEMBER 2019.

It is hard to believe that it has been four years since we started doing internment/burials at the Fargo National Cemetery. The figures for this month's newsletter are from 13 October 2019 thru 31 DECEMBER 2023.

The figures for January 2024 were not available at this time. They will be added to next month's newsletter. I apologize for the inconvenience.

What is the best thing to do if you find a gorilla in your bed?

There are 210 urns in the Columbarium, 467 urns in the ground, 25 caskets in the private vaults, 202 caskets in the Government vaults, and 2 plaques on the Memorial Wall, FOR A TOTAL OF 906 INTERNMENTS/BURIALS AT THE FARGO NATIONAL CEMETERY. THIS INCLUDES 717 VETERANS AND 189 SPOUSES FOR A TOTAL OF 906. AND THERE ARE 94 COUPLES ENTERED/BURIED AT THE FARGO NATIONAL CEMETERY.

The breakdown per branch of service is: Army – 381, Navy – 148, US Marine Corps – 50, US Air Force -134, ARMY/AF – 4, and Spouses – 189 for a total of 906 internments/burial.

Our yearly volunteer hours are – 2019 = 966, 2020 = 2,072, 2021 = 3,373, 2022 = 2,798, 2023 = 2,557. From 13 October 2019 through 31 DECEMBER 2023, we have accumulated 11,766 donated volunteer hours.

Sleep somewhere else!!!

THERE HAVE BEEN A NUMBER OF VETERAN INTERNMENTS/BURIALS IN THE AREA - LOCAL CHURCHES AND COMMUNITY CEMETERIES.

The Fargo Memorial Honor Guard has performed the Military Honors in all types of weather. The FM Honor Guard WILL NEVER cancel an Internment of a Veteran because of bad weather. The family has to make that decision.

We are always looking for new members to join the Fargo Memorial Honor Guard. If you are interested or have questions, please call Marvin J. Nicklay at 701 - 371 - 0604 or email me at mjnicklayupb@gmail.com.

Be Careful- Be Safe - Wear Your Mask! Take care, and GOD BLESS. Marvin J. Nicklay, Rifle Squad Commander

Join National Commander Daniel Seehafer For Dinner at Post 21 On Sunday April 14



National American Legion Commander Daniel J. Seehafer will be present for dinner in his honor on Sunday, April 14, 2024. Social is at 5 PM and Dinner is at 6 PM. This event is hosted by Melvin E. Hearl Post 21, Moorhead, MN.

All American Legion Family members are invited to join us in welcoming National Commander Daniel Seehafer and his team for dinner. The cost for the dinner will be \$10.00 per person. You must RSVP to Tim Haugen at either 701-261-6973 (leave a message, and I'll get back to you to confirm) or e-mail timhaugen74@gmail.com.

Commander Seehafer is an ordained minister from Wisconsin; he earned his eligibility through his service in the U.S. Navy & U.S. Navy Reserve, where he served as a military chaplain. He is a member of AL Post 157 in Horicon, WI; Seehafer has served in a number of AL offices at every level, including National Chaplain and Commander of the Dept of WI.



In Service to America

Join Now!

Vietnam Veterans of America



In Service to America

Send to Larry Nicholson, 918 14th Street S. Moorhead, MN 56560

Name _____ Male Female Date of Birth _____

Address _____ Apt. _____

City _____ State _____ Zip _____

Home Phone () _____ Work Phone () _____ Email Address _____

Chapter No. _____ Sponsor _____ Sponsor's ID No. _____

*Eligibility: Vietnam and Vietnam-era veterans who served on active duty in the U.S. Military (for other than training purposes) between February 28, 1961 and May 7, 1975 (in country Vietnam), or between August 5, 1964 and May 7, 1975 for Vietnam-era veterans.

Return this application along with a copy of your DD Form 214.

*Term Life Membership \$50.00

*Payment Option Check Money Order Credit Card (Visa, MC, Amex)

Credit Card No. _____ Exp. Date ____/____

I am a spouse/friend or a Vietnam vet and would like to join Associates of Vietnam Veterans of America (AVVA)

Vietnam Veterans of America Chapter 941

Larry Nicholson, President
larrynicholson02@gmail.com (701) 412-7992

Terri Schwartz, Treasurer
ladytnd1@gmail.com (701) 361-5437



Please Join us on
Friday

29 Veterans Day
MARCH 29
VIETNAM WAR
Thank you for your service



VVA Chapter 941

A complimentary Lunch for any
Vietnam Era Veterans and their Families
Lunch provided by

Melvin E. Hearl

Moorhead Post #21

Scalloped Potatoes, Ham & Dinner Roll

Lunch served 11 AM till 2 PM

Guest Speaker, Jason Hicks from the
Fargo Memorial Honor Guard

Vietnam members are welcome to
display any Memorabilia

Thank you for your Service from
"Your Friendly Moorhead American Legion"

LUNCH SERVED

MONDAY - FRIDAY

11am to 2pm

\$9.99 DAILY SPECIALS

DASH for CASH

\$\$\$ RACES \$\$\$

CASH PRIZES of \$100 to \$250!

EVERY SATURDAY at 4pm

New Members

Melvin E. Hearl, Post 21 would like to welcome the following American Legion Family Member to our Post Home!!

- Mark Revier, USN Vet**
- Nicholas Senn, USA Vet**
- Cynthia Davis, USAF Vet**
- Jess LaVold, USA Vet**
- Edward Wilms, USN Vet**
- Keith Anderson, USA Vet**

FM Legion Riders Breakfast

At The Moorhead Legion
8am - Noon

FREE WILL DONATION



All Proceeds Go
Toward Sponsoring
Veteran and
Children Programs

November 5th
December 3rd
January 7th
February 4th
March 3rd
April 7th

BAKE SALE

Menu

Biscuits & Gravy
Pancakes & Eggs
Fried Potatoes
Sausage
Orange Juice & Coffee
Bloody Marys &
Mimosas available
for purchase



TAPS



Post 21 offers its sincere condolences to the families and friends of their loved one who recently passed away.

- Gustav Dinga, USAF, WWII Era Vet**
- John Kowalski, USN, Vietnam Era Vet**
- Gary Woodward, USAF, Korea Era Vet**

Our thoughts and prayers are with the Families of these Veterans.

Current Post 21 members serving on Active Duty/ Reserve Component

If you're currently in the service Active or Reserve Component and not listed below, please send me your information. I'd like to add your name to this list!!!

- | | |
|-------------------------------|-------------------------------|
| GySgt Chad Beckerleg - USMC | MSgt Betsy Miller - ND ANG |
| MSgt Samuel Dibble - ND ANG | 1LT Jacob Schobinger - USAR |
| TSgt Collin Denny - ND ANG | Capt Skyler Muller - USAF |
| MSgt Jason Meyers - ND ANG | Lt Col Adam Erlandson - USAF |
| SMSgt Jeffrey Dahl - ND ANG | Maj Tara Erlandson - USAF |
| MSgt Brandon Grund - ND ANG | Holger Loor - ND ARNG |
| MAJ Mathew Hoff - US ARMY | Monte DeBoer - US Navy |
| 1LT Shelby Moderow - USAR | SFC Seth Goehring - MN ARNG |
| SFC Nicholas Romie - MN ARNG | SSG David McCleary - MN ARNG |
| CMSgt Shane Amundson - ND ANG | CPT Jordan Dibich - MN ARNG |
| 1LT Lukas Ziegler - USA | MSgt Mason Krebsbach - ND ANG |
| SPC Gavin Bakke, MN ARNG | TSgt Jacob Dibble - ND ANG |
| MSgt Kyle Rosenfeldt, ND ANG | CMSgt Richard Hayes - ND ANG |
| CMSgt Rich Duysen - ND ANG | SPC Mason Hughes - ND ARNG |
| Gary Bush, SSGT, USMCR | AB Gracie Schroeder - ND ANG |

***** - Currently Deployed**

Thank You for your Service!!!!





Friends Of The Range Annual Banquet

April 19th, 2024
Ramada Conference Center
3333 13th Ave S, Fargo
5pm Social 7pm Dinner

Games – Prizes – Silent Auction – Raffles

Single Dinner Tickets \$35
Couples Dinner Tickets \$60
Sponsor Tables Available

Tickets Purchased Before April 5th Receive \$25 worth of Raffle Tickets

Over 20 Guns To Be Won!

Fostering generations of shooting sports traditions through safety and education.



You are Invited

To the American Legion's

105th Birthday/Membership Dinner

Moorhead American Legion Post #21

Sunday, March 17, 2024

Social Gathering at 2 PM

Light Lunch at 3 PM with program to follow

Special Guests:

Paul Hassing – Department of MN Commander
Sharon Cross – Department of MN, Auxiliary President

Special Membership Recognition of Post, Unit,
SAL & Legion Rider Members

Complimentary Meal:

For all paid up American Legion Family members.
All other guests \$9.00 at the door

Soup (Chicken Wild Rice or Chicken Tortilla &
Sandwich (Ham or Turkey) and Dessert

RSVP on or before March 10

Call the Post and leave your name and number attending – 218-233-1297

Sorry there will be no takeout orders



Saturday March 16th - 2024

**Join us at the Moorhead Legion
303 30th St N
for Corned Beef Dinner - \$12.00**



11 till GONE



**Corned beef, cabbage
and baby potatoes**



**Green Beer
16oz Glass \$3.00**



22oz Glass \$4.00



**Afterschock Band Playing
From 7 - 11 PM**

Dine & Dance!

Monday, March 25

11:30-1:30

Moorhead American Legion

303 30th St. N. Moorhead

FREE event! Everyone welcome!

**Buy your lunch; then dance to live music
with The Cropdusters!**

A lunch special of Swedish Meatballs, mashed potatoes and green beans will be available or you may order off the regular menu.



Memory Cafe of the Red River Valley
Have questions? Call 701-404-6712

Color/Honor Guard

The Honor Guard has attended six Honor Funerals since my last report. They are Garman Sampson, Marine, Korea; Gordon Hanson, Army; Lonnie Crabtree Army, MP in Germany; Frank Weber, Army, 52-53 Germany, Brian Jacobs, Army, 68-69 Viet Nam; and Gary Woodward, US Air Force, Korean War, Paris France, Legion Post 21 Adjutant.

The Color Guard had two activities in February. Flag raising for the Legion Riders Frostival event and playing Taps at the Post 21 Memorial Service.

The Honor/Color Guard is thankful for two new members: Dustin Halle and George Jackson, our first Legion Rider member.

As the Honor/Color Guard Commander, I coordinate with the Honor Guard/Color Guard members to determine who is available for any single event, which normally occurs between 10 AM and 4 PM with an occasional evening event.

Thank you to Roland & Mary Swanson & an anonymous Donor for your donations to the Color Guard.

If you are interested in joining the Honor/Color Guard, please contact me by phone or text at 701-261-7012. .

Peter Larson, Honor Guard Commander, Melvin E. Hearl Post 21, Email: phlarson@midco.net.

Post 21 Memorial Donations

Want to recognize your favorite Veteran? Consider purchasing a Paver and remembering them. The cost is \$75.00 per paver. For more information, contact the Post Home at 218-233-1297.

Shooting Sports

Now that everyone knows what your Post-21 Shooting sports program is all about, and the Shooting Clubs that support these shooting sports. Please remember that Post-21's support is for the youth and is Co-Ed, which meets our goal in the American Legion Shooting Sports program.

In the archery programs, the shooters have been shooting indoors all winter at the Lake Agassiz Bowmen's indoor range. Their first big shoot is in West Fargo on March 21-22. Post 21's support will go for 3-D animal targets for the young Co-Ed shooters. Only the youth will shoot at the High School Archery program, which had its State Shoot at this time and location. They do not shoot at 3-D targets. They shoot at Olympic-style Bulls eye targets. This shoot is called the "Twin Arrow" shoot. There will be 100 -200 shooters, Adults, Jr., and Cub from the three-state area and Canada.

So, the kids are getting geared up and ready to go. With Christmas over, there will be some new equipment and shooters in the Cub Class. There is always a range Captain at the Cub shooting area. I will be working at the shoot both days and in the CUB area. Remember !!!

SAFETY, SAFETY, SAFETY.

Gary L. Schulz

“RRR Fundraising Update”

(Restore, Refresh and Replace)

We are still raising money for the RRR Fund.

Thank you Eugene & Julie Robinson, Marvin Nicklay & Orland & Annette Stephenson for your donation to the RRR fund.

The RRR Fund is an ongoing fundraiser for repairs at your Post Home. Have questions on this fund, please give Scott Moen, Club Manager, a call @ 218-233-1297.

Also, a very heartfelt thank you to all our previous donors for your dollars and Volunteering to make this Post Home look great.

Post 21 Management & Officers

Breaking: 3-year American Legion Membership Now Available, even if You already Renewed for 2024!

Breaking:



3-year American Legion Membership is now available, even if you have already renewed for 2024! This is exciting and GREAT news and can be a big money saver...

Dues will be increasing (if you haven't heard, \$5 for National, \$3 for Department, and \$1 for the 9th District for the 2025 year, and if you get on to this NOW, you could see savings of \$9.00 a year (or a total of \$27.00 for the 3 years).

If you renewed for the 2024 American Legion membership year prior to the new multiyear membership rollout on Dec. 4, you can now take advantage of a three-year membership starting with the 2025 membership year.

Visit legion.org/renew for the multiyear membership for 2025, 2026, and 2027.

Legionnaires still needing to renew for 2024 or veterans joining the organization for the first time can also lock in a three-year membership (2024, 2025, and 2026) by visiting legion.org/renew or legion.org/join.

Here is what you need to know about the three-year membership:

- Multiyear membership sign-up is only available on the National American Legion website (legion.org/renew and legion.org/join). Current or potential members cannot renew or join for a three-year membership at the post level or through MyLegion.org.
- Payment for the three-year membership will be upfront.
- There is not a discounted rate with the three-year membership.
- Membership cards will still be sent annually by Legion posts.
- Those who sign up for a multiyear membership will not receive a renewal notice during the time they have signed up for the multiyear membership.

If you have any questions, contact either Commander Paul Leeman or Tim Haugen

Respectfully,
Tim Haugen

Veterans Service Officer

As the political punches are now in full swing, I was able to attend a leadership summit in Washington, D.C., at the beginning of this month. This summit brought key leadership to us members regarding national and state goals, all while talking to leaders in health, appeals, claims, and the overall agenda of helping veterans.

I had the opportunity to talk to ND key leaders in DC to assist veterans with transportation, healthcare, gaps in service, and the passage of two bills that would keep out “sharks” or nonaccredited representatives out of our states who poach on veterans. The services that Curt and I offer are always and will be free. These “sharks” promise the world, however, at a high cost, taking away veteran's compensation. It's called the Guard Act, HR 1139; please contact your leadership to get this done. Our veterans need this protection. The other is the CVSO act, S. 106, which federal funding could be applied for, resulting in monies going straight to the counties in need, bypassing the state, which could help with hiring, keeping their office doors open more, and ensuring veterans get the benefits they deserve.

Please be on the lookout for new opportunities for veterans to apply for healthcare on March 5th, as anyone who was exposed to toxic substances after 9/11 can now apply.

The Fargo VA is still in its infancy of a better establishment transportation system and is located in Fargo. Please contact me for more information if you're an eligible candidate to receive a ride to and from your appointments.

Our office has just got more Vietnam coins for eligible veterans who served boots on the ground or during that era. Please contact me for more information or if you have any questions.

Our governor has issued an alert for all veterans in need to please reach out by #988 if they're having any mental health crisis. They're there 24/7 to help you navigate your journey of life and to offer guidance. Veterans have called, texted, and chatted over 988, around 1 million times in FY23.

Thanks,

Christopher J. Deery, MSW

Veteran Service Officer, Cass County Veteran Service

211 9th Street South, Fargo, ND 58108

Phone: 701-241-5746, Fax: 701-239-6751




1. NACVSO leadership summit on 2/4 – 2/8 – Washington, D.C. – Met with rep. Armstrong and Sen. Hoeven's people.
2. GUARD Act – keep claim sharks out and only accredited representatives in to help veterans when filing claims/appeals.
3. Coins – Vietnam Coins are bringing new veterans into our office for healthcare and benefit sign-up.
4. NACVSO Act – federal funds to counties to help with costs. I.e., keeping offices open more days, hiring, etc.
5. Homelessness is down 52% since 2010, nationwide for veterans.
6. Region 5/Fargo has 347 unsheltered, emergency sheltered, and in transitional housing.

Saturdays
Burger
Baskets
*Plain or with
cheese, fries,
onions (fried or raw)...*
from 11:30am to 2:00pm





DASH for CASH
\$\$\$ RACES \$\$\$
CASH PRIZES of \$100 to \$250!
EVERY SATURDAY at 4pm

AFTERSHOCK



Moorhead American Legion - Post 21
6:00 - 10:00
Saturday March 16

303 30th St N. Moorhead, MN

Twice as Hard



Moorhead
AMERICAN LEGION
Saturday, March 2nd
7 - 11 PM

WEDNESDAY STEAKS



\$14

SAL MEMBERS

COOKING BURGERS & BRATS



MONDAYS - 5:30PM to 8PM

JAY NELSON SIOR CCIM
701.730.0290 cell
jaynelson@archercommercial.com



3270 20th St, S., Fargo ND 58104 www.ArcherCommercial.com

COMPLETE LINE OF LAWFUL GAMING & BINGO SUPPLIES



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ROB HAMRE (218) 681-1788
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Electrical Contractors

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422 Highway 75 North
Moorhead, MN 56560



VETERANS HONOR Flight of ND/MN

Upcoming Events

www.veteranshonorflightofndmn.org



Veterans Honor Flight of ND/MN will be at the following events. We have been blessed to have our products to sell at the following events. Some of the events are hosted by Veterans Honor Flight of ND/MN, others are from generous sponsors of the events.

Follow our Face Book Page for more detailed information Veterans Honor Flight of ND/MN

Here are a few fundraisers that are coming up

<u>Date/Time</u>	<u>Event</u>	<u>Location</u>
3/4/24 - 5:30 - 6:45	Meat Raffle (6 rounds)	Specks Bar, Fargo ND
3/6/24 - 5:30 - 7 pm	Meat Raffle	Wild Rice Bar and Grill
3/6 - 3/10, 2024	ND Winter Show (HF will have a table)	Valley City, ND
3/11/24 - 5:30 - 6:45	Meat Raffle (6 rounds)	Specks Bar, Fargo ND
3/17/24	FM Crusaders Bike show (HF will have A table)	Veterans Memorial Arena, WF
3/18/24 - 5:30 - 6:45	Meat Raffle (6 rounds)	Specks Bar, Fargo ND
3/20/24 - 5:30 - 7 pm	Meat Raffle	Wild Rice Bar and Grill
3/23/2024	Chili Feed Wild Rice	Wild Rice Bar and Grill
3/25/24 - 5:30 - 6:45	Meat Raffle (6 rounds)	Specks Bar, Fargo ND
4/1/24 - 5:30 - 6:45	Meat Raffle (6 rounds)	Specks Bar, Fargo ND
4/3/24 - 5:30 - 7 pm	Meat Raffle	Wild Rice Bar and Grill
4/6/24 - 1:00	Designer Purse Bingo	Tak Music Venue Dilworth
4/6 - 4/7, 2024	Toppers Car Show (HF will have a table)	Veterans Memorial Arena, WF.
4/8/24 5:30-6:45	Meat Raffle (6 rounds)	Specks Bar, Fargo ND
4/15/24 5:30-6:45	Meat Raffle (6 rounds)	Specks Bar, Fargo ND
4/17/2024 5:30-7pm	Meat Raffle	Wild Rice Bar and Grill
4/21/24	Valley Vintage Car Show (HF will have a table)	Veterans Memorial Arena, WF
4/22/24 5:30-6:45	Meat Raffle (6 rounds)	Specks Bar, Fargo ND
4/27/24	Masonic Lodge Pancake Feed	Moorhead American Legion
4/28/2024	Potato Dumpling Feed	American Legion Moorhead
4/29/22 5:30-6:45	Meat Raffle (6 rounds)	Specks Bar, Fargo ND

Send Donations to: - Honor Flight - PO Box 644 - West Fargo, ND



JUNE 6 VILLAGE GREEN
Thursday | 2024 **Moorhead, MN**

PROGRAM SCHEDULE

- Team Check-In 8:00-9:30 AM
- Shotgun Start 10:00 AM
- Steak Dinner 5:00 PM

GAMES / ADVANTAGES

PRIZES VARY - \$0-\$50, MERCHANDISE OR GIFTCARDS

- Orange Ball \$20
- Mulligans 1/\$5 or 5/\$20
- Closest to the Pin \$5/shot

SPONSORSHIP & FEES

- EARLY BIRD PRIOR TO 5-1-24 / FEES AFTER 5-1-24
- Team Registration (4ppt) \$350/\$400
 - Hole Sponsor \$250/\$300
 - Team & Hole Sponsor \$500/\$600
 - Dinner Only \$20

PROCEEDS FOR:
American Legion Blues & Golds Baseball

for more info

+218 233 1297 Mhdpost21@gmail.com

Breakfast Fundraiser



Pancakes, Eggs, Sausage,
 Milk, OJ, & Coffee
 Free will donation

Proceeds benefit the
 Moorheades & Golds
 Baseball teams



Sunday, March 10th
9:00 AM - 12:00 Noon
 Moorhead American Legion
 303 30th St N

Spencer Strong

IN LOVING MEMORY OF SPENCER MUCHOW-ALM

CHILI COOK OFF



Sunday, March 24th
From 3:00-7:30 pm
 The American Legion Post 21
 303 30th Street North
 Moorhead, MN



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 FOR SUICIDE PREVENTION**



MARCH 2024



SUN	MON	TUES	WED	THURS	FRI	SAT
<p>Check out Post 21s new website moorheadlegion.com</p>					1 Kitchen 5:00 PM Bingo - 6:30 PM \$1,199 Blackout Meat Raffles - 5:30 PM Karaoke w/Pepper Right after Bingo Lunch 11 AM - 2 PM	2 Burger Baskets 11:30 - 2 PM - \$6.00 10 AM - 3 PM Kitchen 5:00 PM Twice as Hard - 7-11 PM "Dash For Cash" - 4 - 5:30
3 Open 11 AM - 11 PM <i>Riders Breakfast - See Flyer</i>	4 SAL Burgers, Dogs & Brats 5:30 - 8 PM Auxiliary Mtg 6:00 PM Pinochle - 7:30 PM Lunch 11 AM - 2 PM	5 10 AM - 2 PM Kitchen 5:00 PM Bingo - 6:30 PM Lunch 11 AM - 2 PM	6 Mhd Business Assn Meeting @ Noon BNI Meeting 1:30 - 3:30 PM Steak Fry - \$14.00 6 - 8 PM Lunch 11 AM - 2 PM	7 10 AM - 2 PM Kitchen 5:00 PM Bingo - 6:30 PM Lunch 11 AM - 2 PM	8 Kitchen 5:00 PM Bingo - 6:30 PM 2 - \$500 Blackouts Karaoke w/Brad Rivers Right after Bingo Lunch 11 AM - 2 PM	9 Burger Baskets 11:30 - 2 PM - \$6.00 Pinochle Tourney 830 AM - 4 PM "Dash For Cash" - 4 - 5:30 Kitchen 5:00 PM Bingo - 6:30 PM Late Night Bingo - 8:30 PM
10 Open 11 AM - 11 PM <i>Legion Baseball Breakfast</i> See Flyer for Details	11 SAL Burgers, Dogs & Brats 5:30 - 8 PM House Committee Meeting - 6 PM Post Meeting - 7 PM Pinochle - 7:30 PM Lunch 11 AM - 2 PM	12 10 AM - 2 PM Kitchen 5:00 PM Bingo - 6:30 PM Lunch 11 AM - 2 PM	13 Mhd Business Assn Meeting @ Noon BNI Meeting 1:30 - 3:30 PM Steak Fry - \$14.00 6 - 8 PM Lunch 11 AM - 2 PM	14 10 AM - 2 PM Kitchen 5:00 PM Bingo - 6:30 PM Lunch 11 AM - 2 PM	15 Kitchen 5:00 PM Bingo - 6:30 PM \$1,199 Blackout Meat Raffles - 5:30 PM Karaoke w/Pepper Right after Bingo Lunch 11 AM - 2 PM	16 Burger Baskets 11:30 - 2 PM - \$6.00 See Flyer for Details Afterschock - 6 - 10 PM "Dash For Cash" - 4 - 5:30
17 11 AM - 11 PM Open <i>105th American Legion Birthday/Memebship Dinner - See Insert</i>	18 SAL Burgers, Dogs & Brats 5:30 - 8 PM Pinochle - 7:30 PM Valley Vintage Car Club Mtg - 7:30 PM	19 10 AM - 2 PM Crystal Sugar Retirees Luncheon Kitchen 5:00 PM Bingo - 6:30 PM Lunch 11 AM - 2 PM	20 Mhd Business Assn Meeting @ Noon BNI Meeting 1:30 - 3:30 PM Steak Fry - \$14.00 6 - 8 PM Lunch 11 AM - 2 PM	21 10 AM - 2 PM Kitchen 5:00 PM Bingo - 6:30 PM Lunch 11 AM - 2 PM	22 Kitchen 5:00 PM Bingo - 6:30 PM 2 - \$500 Blackouts Karaoke w/Brad Rivers Right after Bingo Lunch 11 AM - 2 PM	23 Burger Baskets 11:30 - 2 PM - \$6.00 "Dash For Cash" - 4 - 5:30 Kitchen 5:00 PM Bingo - 6:30 PM Late Night Bingo - 8:30 PM
24 Open 11 AM - 11 PM Chili Cookoff - Benefit Spencer Strong Suicide Foundation See Insert Closed 31	25 SAL Burgers, Dogs & Brats 5:30 - 8 PM Memory Cafe Dine to Dance 11:30 - 1:30 Pinochle - 7:30 PM Moorhead Lions Meeting - 6 PM Lunch 11 AM - 2 PM	26 10 AM - 2 PM Kitchen 5:00 PM Bingo - 6:30 PM Lunch 11 AM - 2 PM	27 Mhd Business Assn Meeting @ Noon BNI Meeting 1:30 - 3:30 PM Steak Fry - \$14.00 6 - 8 PM Lunch 11 AM - 2 PM	28 10 AM - 2 PM Kitchen 5:00 PM Bingo - 6:30 PM Lunch 11 AM - 2 PM	29 Kitchen 5:00 PM Bingo - 6:30 PM Vietnam Veterans Day See Insert for Details 3 - \$500 Blackouts Meat Raffles - 5:30 PM Karaoke w/Brad Rivers Right after Bingo Lunch 11 AM - 2 PM	30 Burger Baskets 11:30 - 2 PM - \$6.00 Pinochle Tourney 830 AM - 4 PM "Dash For Cash" - 4 - 5:30 Front Fenders - 7 - 11 PM Kitchen 5:00 PM



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